Clinica DKF is one of Spain’s most prestigious private clinics. Located in the center of Madrid, Clinica DKF was created in 2004 on the initiative of Doctor Karin Freitag. The current Clinic complex, arranged in four floors, covers more than 550 square meters and is located in one of the most exclusive areas of Madrid.
Cooperation and constant communication between the clinic’s doctors, all of which are renowned in the medical field, ensure a high degree of excellence which, along with its personalized patient care, renders the clinic’s services truly unique. Clínica DKF’s mission is to provide the highest quality of care to its patients through innovative clinical procedures, which combine research and high-level scientific teaching with close attention to patients and a spirit of servitude to people and society. At Clínica DKF, the patient lies at the heart of all our activity.

The exclusive dedication of our physicians and professionals make it possible to dedicate the time and resources necessary to ensure personalized, high-quality care. At Clínica DKF all specialists are housed under the same roof. This unique advantage minimizes waiting times, averts unnecessary travel, and provides greater comfort to patients, making it possible to provide attentive, high-quality care that has always set the Clinic apart.

Clínica DKF possesses the very best technology, offering its patients optimal care. Investment in diagnostic, medical and therapeutic equipment is continual, reflecting the Clinic’s commitment to remaining ever at the forefront of technological innovation.
Our specialists distribute their time among three tasks that we consider essential for excellent care and continuous improvement: medical care, teaching and research. In this way we ensure ongoing professional training and development, which yield benefits for our patients.

The Clinic’s professionals are committed to performing their work with the outmost professional and human competence. This way of conceiving their work prompts everyone to work as team, to seek excellence, to serve others, and with their efforts to assume responsibility for the best possible outcome of their professional decisions.

More than 20 professionals work exclusively at Clínica DKF, so as to offer our patients the very best possible medical care and personal attention.

EXCLUSIVE

MORE THAN

20

PROFESSIONALS

Our Rheumatology unit treat patients with effective and minimally invasive techniques as an alternative to surgery, using latest technology machinery and methods to treat osteoarticular and tendon lesions.

Treatments:

- **Regenerative Medicine**
  For damaged tendon tissue and articular cartilage.

- **Stem cells Therapy for advanced osteoarthritis in hip and knee joints**
  Treatment with Stem Cells from adipose and connective tissue of the liposapirate typically obtained from the abdomen and buttocks, supporting regeneration of connective tissue.

- **Infiltration Techniques**
  Platelet Rich Plasma for osteoarthritis of hip bone and knee, and for partially ruptured tendons, Orthokine® for arthrosis of the vertebral column facet joints and osteoarthritis of hip bone and knee joint. Hyaluronic acid used for arthrosis of the thumb joint, shoulder joint, hip and knee joint.

- **Arthrotest® Genetic Testing**
  DNA test to help predict the progression of Osteoarthritis.

Apart from the above procedures, our Rheumatology unit is renowned for Shock Wave Therapy. A non-invasive treatment for patients suffering from tendinopathies (with and without calcification) and bone lesions.

- **Focal Shock Wave application**
  Mechanical shock wave treatment, of high energy, that can dissolve calcium deposits in tendons and soft tissue. In addition used for chronic tendinopathies and bone lesions: osteonecrosis, non union bone and stress fractures.

- **Cutaneous Shock Wave application**
  Used to treat cutaneous ulcers in order to aid in the healing progression of the lesion, speeding up the process to a significant level.

- **Radial Shock Wave application**
  Acoustic shock wave treatment that produces an analgesic, anti-inflammatory effect, decreasing muscular tension, increasing collagen production and improving microvascularization. It is used for myofascial syndrome, trigger points for fibromyalgia.

- **Physiotherapy and Rehabilitation**
  Our team of physiotherapists, using techniques ranging from laser treatments to acupuncture, is available to treat our patients at disclosed spaces within the clinic ensuring the necessary privacy.

Taking into consideration all the above treatments, our Rheumatology and Physiotherapy unit having many years of experience in the field of Sports Medicine is available to take in athletes in need of Non-invasive alternatives to conventional surgical procedures.
CLÍNICA DKF
SERVICES

AESTHETIC SURGERY

Clinica DKF offers you the complete range of the most advanced plastic and cosmetic surgery techniques to fulfill all your needs. Treatments offered:

- Blepharoplasty
- Rhinoplasty
- Otoplasty
- Gynecomastia
- Breast reduction
- Breast Prostheses
- Lifting face and neck
- Liposuction
- Dermolipectomia
- Nasal tip
- Lipolaser
- Cheek Augmentation
- Mentoplastia

CLÍNICA DKF
SERVICES

ORTHOPEDIC SURGERY

Our orthopedic surgery unit offers effective treatments with procedures being as minimally invasive as possible as an alternative to other surgical techniques. Using the latest surgical techniques and the most advanced technology available in the market to date our team treats osteoarticular problems as well as muscle injuries.

Surgical Procedures:
- Prosthetic treatment for arthrosis
- Foot and Ankle surgery
- Transforaminal Endoscopic Surgery
- Endoscopic Percutaneous Lumbar Discectomy
- Surgical treatment for Dancers
- Arthroscopy
- Haglund Disease
- Microsurgery
- Hand Surgery

In addition to these procedures, our orthopedic surgery team offers solutions in Sports Medicine, helping athletes regain their form in the best ways available using latest technology diagnostics and advanced treatment planning in conjunction with our Rheumatology and Physiotherapy units.
ALLERGOLOGY

Our patients receive the best available care in terms of detection, prevention and alleviation of their symptoms. Our allergology unit not only treats adults but we take great pride in our expertise in child care.

Treatments offered:

- **Chemical Peeling**
  Treatment for the correction of wrinkles, spots, enlarged pores, scars and rejuvenation.

- **Mesotherapy**
  Simple and effective rejuvenation treatment increasing skin hydration and skin tone.

- **Electronic Lancing Mesotherapy**
  For the correction of wrinkles, photoaging, acne, burns, alopecia, cellulite, stretch marks.

- **Botox**
- **Hyaluronic Acid Infiltration**
  Facial rejuvenation technique.

- **Earlobe reconstruction surgery**

In addition to the above, our dermatology unit is exceptional in anti-aging treatments using top quality products available in the market. Most importantly personalized treatments, according to each individual’s needs following proper consultations and tests.

DERMATOLOGY

Having the most advanced medical techniques and technology, available at your disposal, our dermatology unit is ready to carefully attend to all your dermatological needs.

Our specialists are trained in both surgical as well as minimally invasive techniques ranging from biopsy sampling for malignancy to chemical peeling.

Treatments offered include:

- **Chemical Peeling**
  Treatment for the correction of wrinkles, spots, enlarged pores, scars and rejuvenation.

- **Mesotherapy**
  Simple and effective rejuvenation treatment increasing skin hydration and skin tone.

- **Electronic Lancing Mesotherapy**
  For the correction of wrinkles, photoaging, acne, burns, alopecia, cellulite, stretch marks.

- **Botox**
- **Hyaluronic Acid Infiltration**
  Facial rejuvenation technique.

- **Earlobe reconstruction surgery**

In addition to the above, our dermatology unit is exceptional in anti-aging treatments using top quality products available in the market. Most importantly personalized treatments, according to each individual’s needs following proper consultations and tests.
Our Fertility and Gynecology Unit consists of a team of renowned experts, specialists in the field of reproductive medicine. The high success rate of our treatments and our ability to provide a personalized treatment plan is what sets us apart.

**Treatments offered:**

1. **ARTIFICIAL INSEMINATION**
   Deposition of live, moving semen from the donor into the uterine tract of a patient during her ovulation period.

2. **IN VITRO FERTILIZATION**
   This is the most widely used technique nowadays in patients with reproductive problems.

3. **IN VITRO FERTILIZATION WITH TESTICULAR BIOPSY**
   IVF with sperm obtained through testicular biopsy

4. **PRE-IMPLANTATION GENETIC DIAGNOSIS**
   Genetic analysis of oocytes and/or embryos for a specific hereditary disease.

5. **INTRAUTERINE GEMETE TRANSFER**
   Medical and Biological procedures set to facilitate the union of sperm and egg within the uterus.

6. **FERTILITY PRESERVATION TECHNIQUES FOR WOMEN**
   Set of techniques with the objective of protection of the reproductive capacity of women.

7. **OOCYTE IMPLANTATION**
   A recipient woman receives oocytes produced by another woman, which were fertilised in the laboratory or by donor couple pre-implantation.

Using advanced technology and following careful consultation, finds solutions to each of your problems, according to your individual requirements. **Treatments offered:**

Pathology of Salivary Glands / Tonsils / Septoplasty / Radiofrequency Treatment / Vertigo Treatments / Sinusitis surgery / Snoring surgery / Otitis / Tympanoplasties / Grommets

**OTORHINOLARYNGOLOGY – ENT**

Our ENT unit consisting of pristine doctors with many decades of experience is at your disposal for all your needs, surgical and non surgical alike.

**DR. LUIS FERNANDEZ FERNANDEZ-VEGA**

Specialist in Otorhinolaryngology
DENTISTRY

Clinic DKF has at its disposal a team of distinguished Oral and Maxillofacial Surgeons and Dentists, specializing in aesthetic and prosthetic dentistry. Having several years of professional experience, our staff is ready to treat even the most complex and demanding of cases.

Treatments range from Dental Implants, Zirconium crowns to facial reconstruction surgery, bone augmentation surgery. All of the above plus more, coupled with cosmetic surgery provided by our plastic surgeon aiming for the best and most aesthetically pleasing outcome.

The Clinic is equipped with the latest radio-diagnostic technology, Cone Beam Computed Tomography. This technology not only uses less than 10% of the radiation emitted by a conventional CT, but also provides a 3Dimensional image of the desired area to our professionals allowing them to create a digital plan of any sort of procedure ensuring accuracy, and quality results.

In addition to the wide range of dental and surgical procedures provided, our team works with top quality material of the best brands ensuring long lasting and best quality results.

OPHTALMOLOGY

Our team has a long proven surgical and scientific experience, mainly in the refractive surgery, cornea, keratoconus and cataracts fields.

All the staff works to offer to our Clinic’s patients the best available surgical and diagnostic techniques in our specialized clinical units:

+ Cornea and Cataract Unit
+ Keratoconus Unit
+ Refractive Surgery Unit
+ Retina Unit
+ Glaucoma Unit
+ Eye Plastic Surgery Unit
+ Strabismus Unit
+ Exploration Unit

Our staff’s excellent training, state-of-the-art technology and a personalized service are intended to best serve our client’s eye health.
At Clínica DKF the aim of the Urology service is to study, diagnose and treat medical and surgical disorders of the urinary tract and retroperitoneum in both men and women, and of the male genital apparatus, irrespective of age, caused by traumatic congenital, septic, metabolic, obstructive and oncologic conditions.

Prostate cancer and blood in the urine (technically called hematuria), are processes which detected early can in many cases lead to a detection of the early stages of urinary cancer, where the correct treatment can in many cases mean the healing of the urinary tumours.

**Treatments:**

- Personalized treatment for prostate cancer (Focalyx)
- Peyronie’s disease treatment (Xiaflex)
- Photovaporization of the prostate using green laser for BPH
- Prostatic enucleation with Holium laser (Holep)
- Penile prothesis
- Artificial urinary sphincter
- Nephrectomy with da Vinci Robot (kidney cancer treatment)
- Vaginally surgical treatment of female stress incontinence with suburethral mesh
- Overactive bladder treatment with botulinum toxin

Clínica DKF is equipped with latest technology machinery, available for our staff for all their possible needs. Ranging from Ultrasound Scan and X-rays to Cone Beam Computed Tomography for the Craniofacial region and extremities, our patients enjoy the comfort of undergoing these diagnostic imaging procedures in our clinic without having to relocate for this purpose.
Services for international patients

We organize your stay as well as your medical visits according to your personal preferences. Your recovery will be as comfortable as possible feeling no different than a proper vacation.

The service and attention designed by Clínica DKF assures that international patients feel right at home, mitigating the discomfort caused by one’s change of country, city, or language.

Hotels with which we are in collaboration with:

- Ritz Hotel
- Villa Magna Hotel
- Palace Hotel
- Santo Mauro Hotel
Spain is a renowned medical tourism destination. Despite recent economic woes, the sunny climate, countless vacation spots coupled with an abundance of high quality medical facilities, make Spain a very attractive destination for medical tourists.

Why Spain? Why Madrid?

The World Health Organization (WHO) has ranked the Spanish healthcare system as the 7th best in the world. According to a more recent 2014 Bloomberg report on efficiency of health care systems, Spain scored better than Switzerland, Sweden, Canada and Germany and way above United States that scored 44th place.

The main advantage of seeking health care in Madrid is the chance to follow it up with a holiday here or elsewhere in Spain.

Madrid is also one of Spain’s most sophisticated cities, so anyone receiving minor outpatient care can enjoy free reign of the city’s cultural offerings and stellar nightlife. Museums, art galleries and all-night dance clubs are mainstays of any holiday in this city.

An advanced health-care system, considered to be one of the finest in the world. The longest life expectancy in Europe and the second longest in the world behind Japan, according to 2015 OECD data.

Spanish culture: Aside from our breathtaking beaches, our country is steeped in culture and provides a wealth of opportunities for tourists. The Prado Museum in Madrid, the Sagrada Familia in Barcelona, Bilbao’s Guggenheim Museum, and the Giralda in Seville are just a few hot spots that our patients and those accompanying them can visit while they are in our country.

For our weather: We enjoy an average of 200 days of sun a year.

For our vast gastronomical variety: While in Spain you will be able to enjoy the healthy Mediterranean diet and take in the flavors and variety of our cuisine, which is one of the finest in the world.